



MONIKA BEAL

ACTOR | SINGER | WRITER

An artist is not the "chosen one;" an artist is the choosing one.

skills

Singing: opera, jazz, musical theater.

Writing: essayist, poet, blogger.

Fitness: yoga, running, hiking, cycling.

Producer & Project manager.

Musician: piano, guitar, oboe, flute, trumpet

Systems developer & organizer.

Languages: conversational French, Italian.

Designer: costumes, interiors, live plant decor.

Visual artist: drawing, watercolor, acrylic.

Sung languages: French, Italian, German,

Spanish, Greek, Latin, Japanese, Hebrew

contact

monikabeal.com

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stats

EYES: green/hazel

HAIR: brunette, shoulder length

HEIGHT: 5'6" WEIGHT: 118lbs

34" - 25.5" - 36"

PLAYING AGE: 26-36

The K is for kindness.

film | tv | commercial

| YEAR | PRODUCTION | ROLE | DIRECTOR / CO. |
|------|--------------------------------|---------------------|-----------------------|
| 2022 | The Inner Circle | Audrey | Randy Kent |
| 2022 | Quantum Leap | Ring Girl | Helen Shaver |
| 2022 | T-Mobile, Magic | Background | W. Becker |
| 2022 | Nike, Back to School "Gear Up" | BG Band, Flag Corps | BaM Productions, Inc. |
| 2022 | The Stallone's | Stand In | Paramount |
| 2022 | Good Trouble | BG Musician, Guitar | Constance Zimmer |
| 2021 | SuperCuts! | BG Musician, Oboe | Conor Byrne |
| 2020 | Disney's Mulan | Principal Singer | Niki Caro |
| 2019 | SCOOB! | Principal Singer | Tony Cervone |
| 2019 | Birds of Prey | Principal Singer | Cathy Yan |

opera | theatre

| YEAR | PRODUCTION | ROLE | COMPANY |
|------|---------------------------------|------------------|-------------------------|
| 2020 | <i>Lost Tribes</i> | Narrator | Theatre Dybbuk |
| 2019 | <i>Hell Prepared</i> | Ensemble | Theatre Dybbuk |
| 2017 | <i>Les contes d'Hoffmann</i> | Antonia | Repertory Opera Company |
| 2017 | <i>Suor Angelica</i> | Sister Genevieve | Repertory Opera Company |
| 2016 | <i>Albert Herring</i> | Miss Wordsworth | Chicago Summer Opera |
| 2015 | <i>The Playground King</i> | Lily | Long Beach Opera |
| 2014 | <i>The Diary of Anne Frank</i> | Anne Frank | Long Beach Opera |
| 2013 | <i>The Death of Klinghoffer</i> | Chorus | Long Beach Opera |

concert | ensemble

| YEAR | SHOW / GROUP | ROLE | COMPANY / DIR. |
|---------|---------------------------|----------------|---------------------------|
| 2013-21 | <i>L.A. Choral Lab</i> | Soprano | dir, Michael Alfera |
| 2017-20 | <i>Tonality</i> | Soprano, Mezzo | dir, Dr. Alexander Blake |
| 2016 | <i>Messiah</i> | Soloist | Pasadena Community Chorus |
| 2016 | <i>Of Being is a Bird</i> | Soloist | UNLV - Nextet |

education | training

| YEAR | PROGRAM | DEGREE | INSTRUCTOR |
|------|-------------------------------|------------------------|---------------------|
| 2016 | Sight Singing--Advanced Level | n/a | Gerald White |
| 2015 | <i>Opera Viva!</i> | n/a | Katherine Ciesinski |
| 2014 | L.A. Vocal Lab | n/a | John Duykers |
| 2014 | USC Thornton School of Music | <i>B.M. Vocal Arts</i> | Shigemi Matsumoto |